

SEPTEMBER 2024

9th-12th Grade Lunch

MON	TUE	WED	THU	FRI
2 No School	3 Chicken Nuggets Potato Tots Baby Carrots	4 Cheese Ravioli Caesar Salad Steamed Broccoli Texas Toast	5 Orange Chicken and Rice Edamame Carrots & Goldfish	6 Pull Apart Bread Marinara Dipping Sauce Corn Cup
9 Hamburgers w/Potato Wedges Lettuce and Tomato	10 Chicken Tamales Pinto Beans Baby Carrots	11 Spaghetti w/Meatballs Caesar Salad Cucumber Slices Garlic Bread	12 Bean and Cheese Pupusa Cortido and Salsa	13 Pepperoni Pizza Corn Cup Steamed Broccoli
16 No School	17 Corn Dog Celery Sticks Mashed Potatoes	18 Chicken Verde w/Rice Pinto Beans Zucchini Chips	19 Beef Chalupa Garden Salad Carrots	20 Pepperoni Calzone Steamed Broccoli Jicama Sticks
23 Crispy Chicken Sandwich Potato Wedges Lettuce and Tomato	24 Carne Asada Nachos Salsa Pinto Beans	25 Chicken Alfredo Pasta Caesar Salad Baby Carrots Garlic Bread	26 Beef Taco Stick Cucumber Slices Jicama Sticks	27 Hot Dogs Corn Cob Celery Sticks
30 Chicken Tenders Crinkle Cut Fries Celery Sticks	1	2	3	4

At lunch, students are offered all five required food components in at least the minimum required amounts. The components at lunch are meats/meat alternates; grains; fruit; vegetables; and fluid milk. Under OVS, a student must take at least three components in the required serving sizes. One selection must be at least 1/2 cup from either the fruit or vegetable component. There will be additional fruit and vegetable options available for all students.

This institution is an equal opportunity provider