

November 2024

MON

TUE

WED

THU

FRI

9th-12th Grade Lunch Menu

Beef Burger Potato Wedges 4 Lettuce and Tomato	BBQ Chicken Drumsticks 5 Veggie Beans Celery Sticks + Roll	Beef and Broccoli w. Rice 6 Roasted Peppers	Cheese Ravioli Broccoli 7 Baby Carrots	Penne Pasta Marinara Side Caesar Salad 1 Carrot Sticks
No School 11	Chicken Nuggets Corn Cob 12 Broccoli	Chicken Alfredo Pasta Zucchini 13 Carrots Texas Toast	Turkey Sandwich or 14 Asian Chicken Salad	Swedish Meatballs 8 w/ Mashed Potatoes Corn + Roll
Chicken Sandwich Potato Wedges 18 Lettuce and Tomato	Beef Taco Stick Broccoli 19 Baby Carrots	Chicken Tamale Salsa 20 Pinto Beans	Pozole 21	Corn Dogs Potato Wedges 15 Broccoli
Thanksgiving Break 11/23-11/29				
Bean and Cheese Burritos 22 Cucumber Jicama				

At lunch, students are offered all five required food components in at least the minimum required amounts. The components at lunch are meats/meat alternates; grains; fruit; vegetables; and fluid milk. Under OVS, a student must take at least three components in the required serving sizes. One selection must be at least ½ cup from either the fruit or vegetable component. There will be additional fruit and vegetable options available for all students.

This institution is an equal opportunity provider.