









FRI

Penne Pasta Marinara Side Caesar Salad 1 Carrot Sticks

Swedish Meatballs w/ Mashed Potatoes Corn + Roll

Corn Dogs Potato Wedges 15 Broccoli

Bean and Cheese Burritos Cucumber Jicama

At lunch, students are offered all five required food components in at least the minimum required amounts. The components at lunch are meats/meat alternates; grains; fruit; vegetables; and fluid milk. Under OVS, a student must take at least three components in the required serving sizes. One selection must be at least ½ cup from either the fruit or vegetable component. There will be additional fruit and vegetable options available for all students.



