

## TAS Tk-8th Grade Lunch

3 Beef Teriyaki Dippers Rice, Broccoli and Carrot Sticks	4 Chicken Wings Mashed Potatoes Celery Sticks WG Dinner Roll	5 Bean/Cheese Pupusa Cortido and Red Salsa	6 Beef Taco Stick Pinto Beans Side Salad	7
10 Chicken Nuggets Mashed Potatoes Corn	11 Beef Sliders Side Salad Carrot Sticks	12 Chicken Teriyaki Rice Edamame and Jicama	13 Meatball Sandwich Carrot Sticks Caesar Salad	14 Cu
17 No School	18 Spaghetti with Meat Sauce Side Salad Corn	19 Crispy Orange Chicken Rice, Broccoli Carrot Sticks	20 Grilled Chicken Sandwich Potato Wedges Lettuce and Tomato	21 C
24 Beef Chalupa Pinto Beans Pico de Gallo	25 Cheese Ravioli Side Salad Carrot Sticks	26 KBBQ Steak Bites Rice Edamame Corn	27 Cheese Calzone Caesar Salad Cherry Tomatoes	28

This institution is an equal oppurtunity provider.

## EBRUARY 2025

Fri

Notes

Hotdog Potato Wedges Carrot Sticks

Pizza Cucumber/Tomato Salad Celery Sticks

Corn Dog Cucumber Slices Jicama Sticks

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Sloppy Joes Potato Wedges Carrot Sticks

At lunch, students are offered all five required food components in at least the minimum required amounts. The components at lunch are meats/meat alternates; grains; fruit; vegetables; and fluid milk. Under OVS, a student must take at least three components in the required serving sizes. One selection must be at least <sup>1</sup>/<sub>2</sub> cup from either the fruit or vegetable component. There will be additional fruit and vegetable options available for all students.



