

U rad

5

8th

### Tuesday

# Wednesday

## Friday



- Pupil Free Days
- 8 First Day Back! Chicken Alfredo Caesar Salad Carrots
- Hot Dog Chili Beans Potato Wedges
- **Chicken Wings Mashed Potatoes** Broccoli + Roll

- Chicken Sandwich Potato Wedges Lettuce and Tomato
- **14**Pull Apart Bread Marinara Sauce Broccoli
- Chicken Verde Rice, Beans and Red Salsa
- 16 Chicken Caesar Salad **Turkey Sandwich**
- Pizza **Cucumber Slices** Jicama Sticks

- No School MLK Day
- Bean/Cheese Burrito Black Beans Salsa
- 22 Spaghetti w/ Meatballs Caesar Salad Carrots
- **Chicken Nuggets** Mashed Potatoes Corn
- Bean/Cheese Pupusa Curtido and Salsa

- Beef Burger Potato Wedges Side Salad
- Carne Asada Nachos Salsa Black Beans
- Corn Dogs **Cucumber Slices** Jicama Sticks
- Asian Chicken Salad **Turkey Sandwich**
- **Swedish Meatballs Mashed Potatoes** Corn Goldfish

# Notes:

At lunch, students are offered all five required food components in at least the minimum required amounts. The components at lunch are meats/meat alternates; grains; fruit; vegetables; and fluid milk. Under OVS, a student must take at least three components in the required serving sizes. One selection must be at least ½ cup from either the fruit or vegetable component. There will be additional fruit and vegetable options available for all students.

Menus subject to change without notice

This institution is an equal opportunity provider.